



*Office of the Mayor
City of Tukwila, Washington*

PROCLAMATION

WHEREAS, behavioral health is an essential part of health and wellness; and

WHEREAS, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

WHEREAS, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, an estimated 400,000 people in King County are affected by these conditions; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the City of Tukwila invite all residents to participate in ***National Recovery Month***;

NOW THEREFORE, I, Allan Ekberg, Mayor of the City of Tukwila, do hereby proclaim the month of September as:

National Recovery Month

in the City of Tukwila and strongly encourage the Tukwila community to join me in this special observance and to support King County's Recovery Month theme ***Rising Above It All: Wellness, Resilience & Recovery***.

Signed this first day of September, 2020.

Allan Ekberg, Mayor