

Office of the Mayor City of Tukwila, Washington **PROCLAMATION**

WHEREAS, parks and recreation programs are an integral part of communities throughout this country, including the City of Tukwila; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation programs encourage physical activities by providing space for popular sports, hiking trails, water parks and many other activities designed to promote active lifestyles; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

NOW THEREFORE, I, Allan Ekberg, Mayor of the City of Tukwila, do hereby proclaim July 2022 as:

Parks & Recreation Month

in the City of Tukwila and encourage all community residents to join me in recognizing this special observance.

Presented this first day of July, 2022.

Allan Ekberg, Mayor