



*Office of the Mayor  
City of Tukwila, Washington*

# PROCLAMATION

WHEREAS, parks and recreation programs are an integral part of communities throughout this country, including the City of Tukwila; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation programs encourage physical activities by providing space for popular sports, hiking trails, water parks and many other activities designed to promote active lifestyles from youth to seniors; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

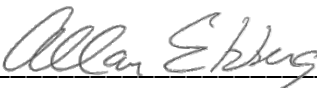
WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

NOW THEREFORE, I, Allan Ekberg, Mayor of the City of Tukwila, do hereby proclaim July 2023 as:

## ***Parks & Recreation Month***

in the City of Tukwila and encourage all community residents to join me in recognizing this special observance.

Presented this third day of July, 2023.

  
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Allan Ekberg, Mayor